

This is the **codebook** for the datafile that accompanies the publication:

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Differences between Subclinical Ruminators and Reflectors in Narrating Autobiographical Memories: Innovative Moments and Autobiographical Reasoning

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1. PreStudy Rumination and Reflection

ID	
age	
StudySubject	1-economics, 2-Law, 3-Sociology, 4-Psychology, 5-Education
Gender	1 male 2 female
PTQ	sum score
RSQ	sum score
RRQ	sum score
RSQ_1	
RSQ_2	
RSQ_3	
RSQ_4	
RSQ_5	
RSQ_6	
RSQ_7	
RSQ_8	
RSQ_9	
RSQ_10	
RSQ_Brooding	sumscore subscale
RSQ_Reflection	sumscore subscale

2. Main Study Rumination and Reflection

ID	
age	
Gender	1 male 2 female
gruppeReKGRu	1 reflectors 2 unoncerned 3 ruminators
Int	Interviewers 1 to 4
PTQ_sum	

RSQ_Brood	
RSQ_Reflect	
RSQ_sum	
RRQ_sum	
LZ_sum	Life satisfaction
STADI_Angst_state1	state anxiety time 1
STADI_Depression_state1	state depression time 1
STADI_Globalwert_state1	state anxiety + depression time 1
STADI_Angst_state2	
STADI_Depression_state2	
STADI_Globalwert_state2	
STADI_Angst_Trait	anxiety trait
STADI_Depression_Trait	depression trait
STADI_Globalwert_Trait	anxiety and depression trait

For each memory, indicated by numbers 1 through 5:

Ratings:

Alter_Erlebnis1 (Erlebnis1 to Erlebnis5)	age of memory in months
Erlebnis1_frequency	rating frequency of remembering
Erlebnis1_Valenz_damals	rating past valence
Erlebnis1_valenz_heute	rating present valence
Erlebnis1_Valenz_ddamalsheute_negVer	change in valence
Erlebnis1_Lehre	rating lesson learnt

nzeil_1	number of propositions = length of memory narrative
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Autobiographical arguments:

komal2_1 (_1 to _5)	OAA = % other autobiographical arguments
pseral_1 (_1 to _5)	SEC = % self-event connections
dpserchangeministability_1 (_1 to _5)	SECchange %change-related minus % stability maintaining SECs
vsveral_1 (_1 to _5)	CoV = % Change of View
dvsverchangeministability (_1 to _5)_1	CoVch = change-related minus stability maintaining CoVs
vskvalence_1 (_1 to _5)	CoVp = CoVs with positive minus CoVs with negative consequences for narrator

Innovative Moments:

E1_Anteil_IM_S1_WH (E1 to E5)	IM low= proportion of problem distancing innovative moments
E1_Anteil_IM_S2_WH (E1 to E5)	IM high = proportion of centering on change and reconceptualization innovative moments

IM high;;; SECch =; CoV = % Change of View;;; PTQ = Perseverative Thinking
Questionnaire; RRQ-RF = Subscale Reflection of Rumination-Reflection
Questionnaire ; RSQ-B = Subscale Brooding of Response Styles Questionnaire;
RSQ-RF = Subscale Reflection of Response Styles Questionnaire; STADI =
State-Trait Anxiety Depression; LSS = Life Satisfaction Scale; Δ STADist =
difference between mood in STADI state at beginning minus at the end of the
session; Pos. then = Rating of positivity minus negativity then; Pos. now =
Rating of positivity mins negativity at present; Pos. change = positive
change as difference between two preceding rating values; L. learnt = rating
of lesson learnt.