

IATSO VIRTUAL SYMPOSIUM

Exploring and facilitating help-seeking behaviour in minor-attracted persons and (potential) offenders.

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16TH IATSO CONFERENCE IN FRANKFURT, GERMANY, 2021

- ▶ **Talk 1:** Exploring help-seeking behavior and psychosocial well-being in minor-attracted persons

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- ▶ **Talk 2:** Facilitating help-seeking behavior in users of the Stop it Now! helpline

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2. Facilitating help-seeking behaviour in users of the Stop it Now! helpline

MINNE DE BOECK & ELLEN JANSSEN

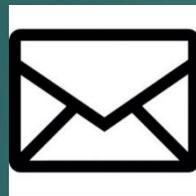


2.1. Description of the project

- ▶ Stop it Now! prevention project
- ▶ Helpline



2012 (NL) – 2017 (FL)

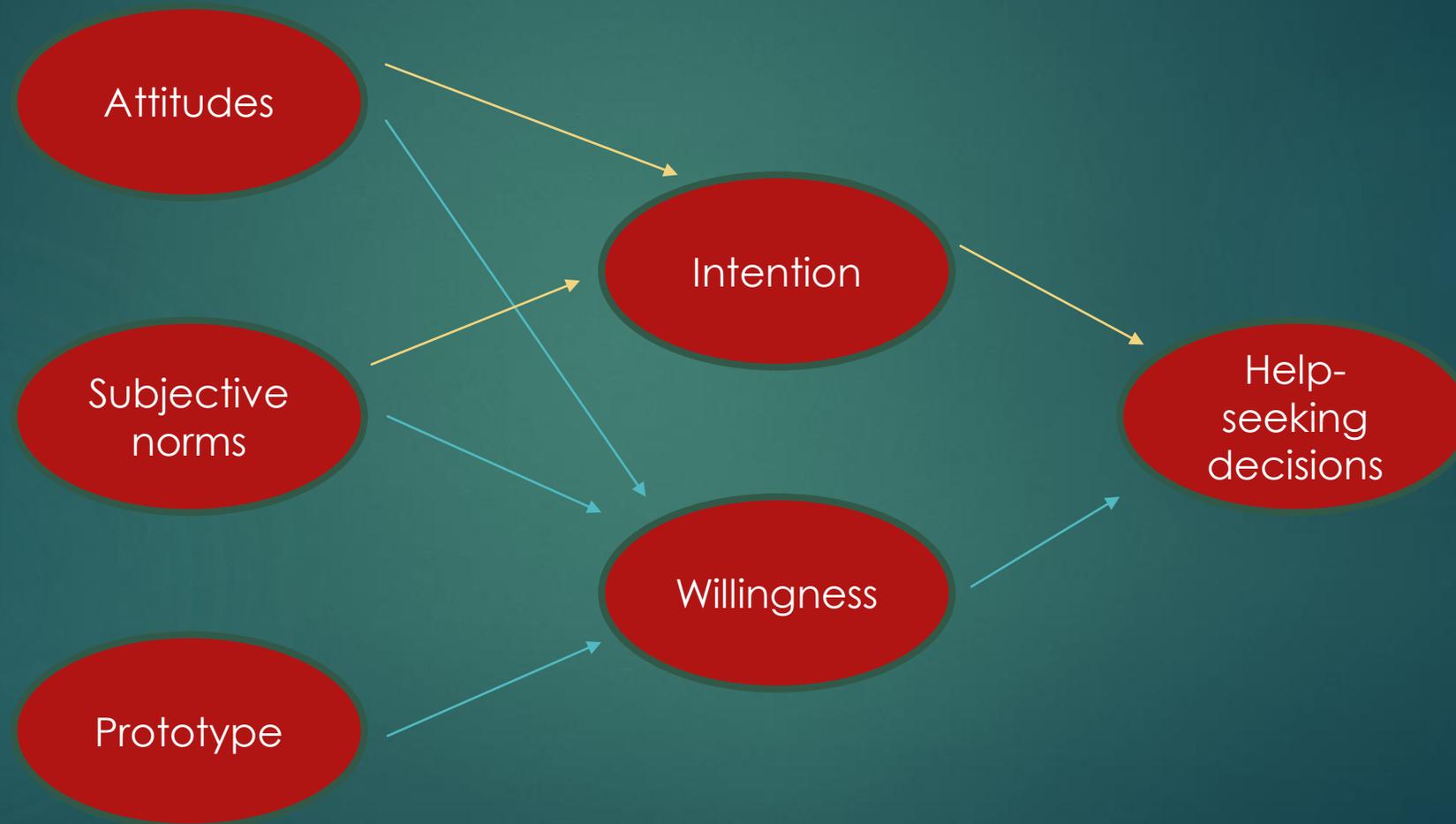


2021 (NL) – 2019 (FL)



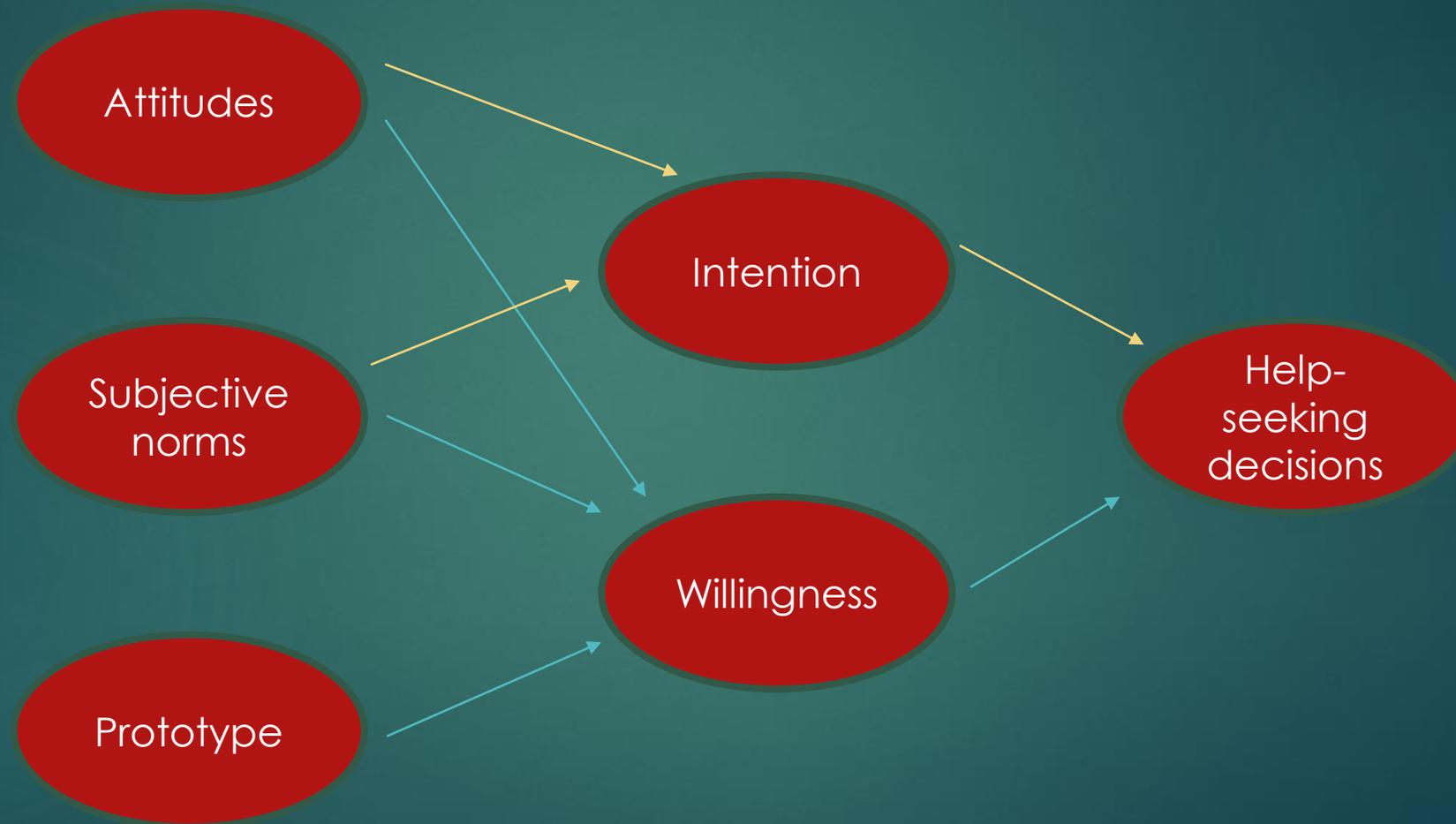
2.2. The prototype/willingness model (PWM)

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2.4. Help seeking behaviour and Stop it Now!

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3.2. Stop it Now! case

▶ Case John

John calls Stop it Now!, he sounds very **concerned** and is **panicking**. The police performed a house search and found CSEM. **He has a wife and children** and had to tell them what's going on. His wife is angry and doesn't know what to do. He's **afraid** of what will follow and confused about what just happened.

He really **wanted to quit** this abusive behavior but didn't find the courage to search for help until now. Now he doesn't have a choice anymore. He tells us that **he's relieved** in a way. **It has to stop.**

The **police officer** gave him the advice to call to Stop it Now! helpline and gave him the phonenumber on a card. He asks us if **we can help him** with his problem.

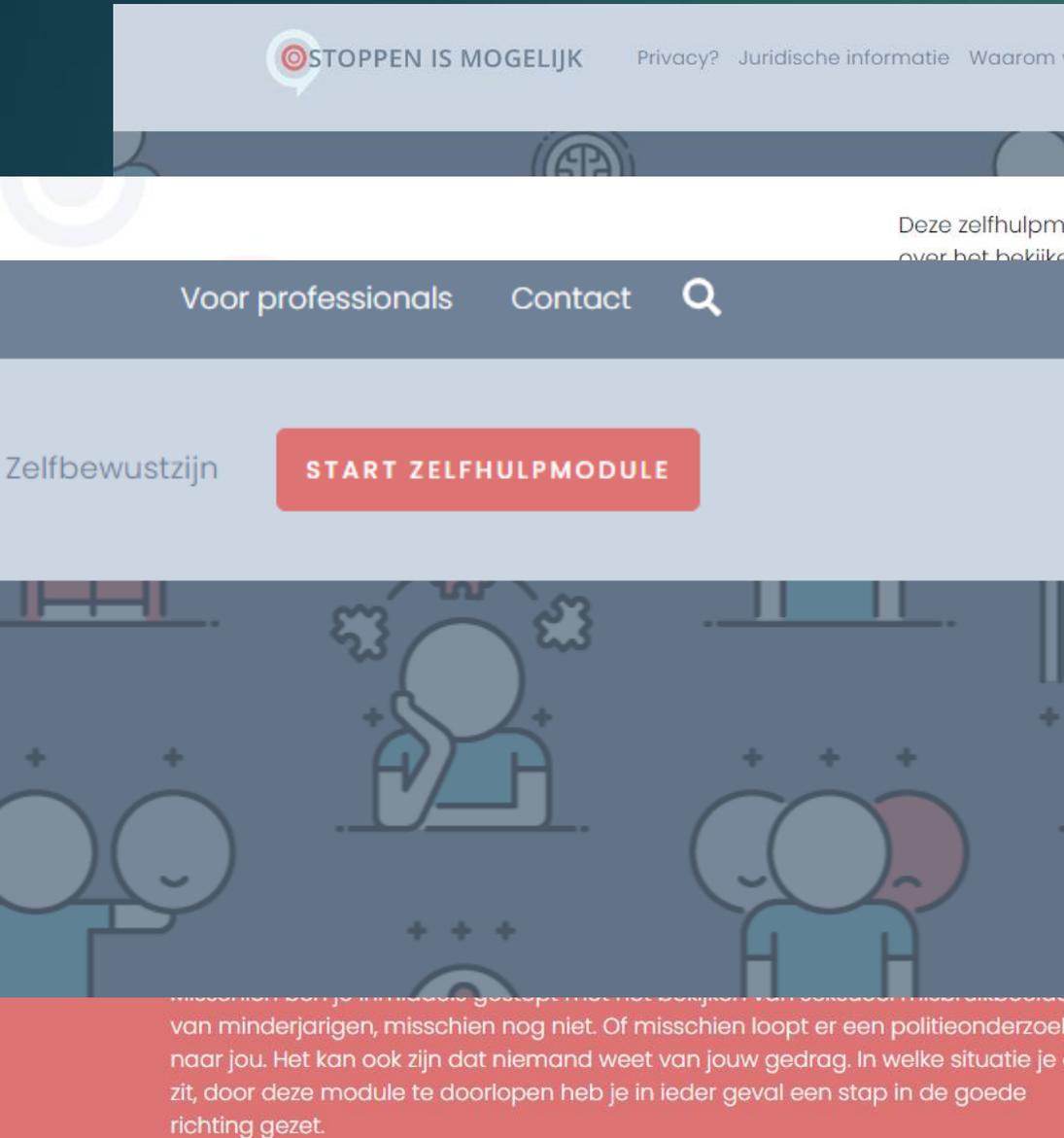
3.2. Stop it Now! case

▶ Case John

Stop it Now!

- Listening ear & positive feedback;
- Awareness about CSEM and CSA;
- Discussed options to get help and treatment;
- Advised how to deal with the disclosure to his wife;
- Estimated risk situations and (potential) recidivism;
- Discussed how he could create a safe situation;
- Referred him to the most appropriate treatment center;

3.3. Implications for practice



Modules



1. Begrijpen waarom

DOELEN	ONDERDELEN
In deze module verkrijg je inzicht in:	
<ul style="list-style-type: none">• Je huidige internetmisbruik• De manier waarop je internetgebruik uitmondde in strafbaar gedrag• Je beweegredenen hiervoor• Terugkerende patronen in het bekijken van seksueel misbruikbeelden van minderjarigen	
Start de module →	



2. Onmiddellijke behoeftebevrediging

DOELEN	ONDERDELEN
Deze module geeft je inzicht in:	
<ul style="list-style-type: none">• Waarom de drang tot onmiddellijke behoeftebevrediging zo sterk is• Manieren om de kracht van deze drang tegen te gaan	
Start de module →	

3.3. Implications for practice

▶ Online self-help program for CSEM users

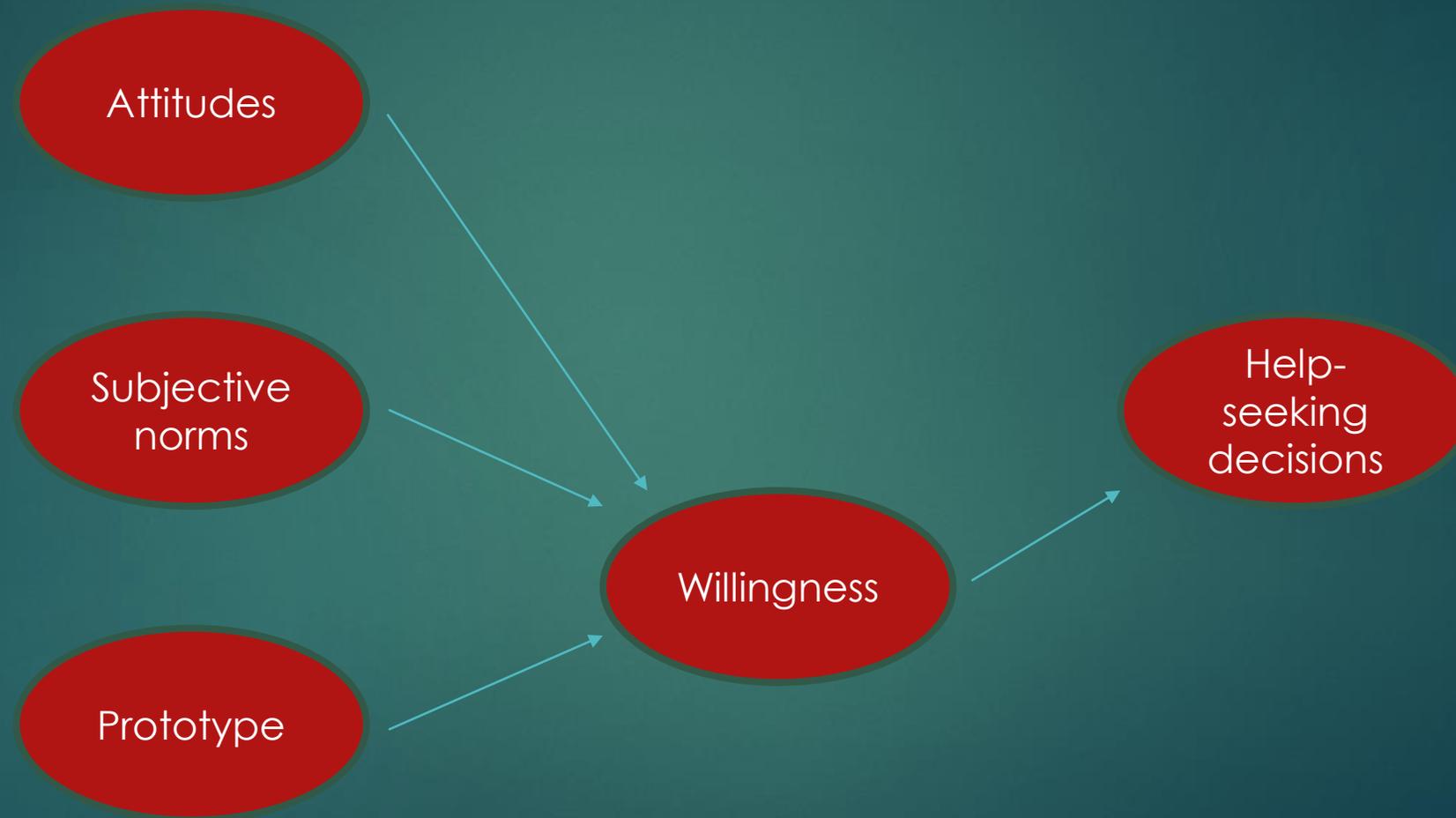
1. Get the facts
2. Why change
3. Self Awareness
4. **Self-Help**



 **STOPPEN IS MOGELIJK**

*Based on:
Stop it Now! UK*

3.5. The PWM and Stop it Now!



Thank you!

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