

IATSO VIRTUAL SYMPOSIUM

Exploring and facilitating help-seeking behaviour in minor-attracted persons and (potential) offenders.

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- ▶ **Talk 1:** Exploring help-seeking behavior and psychosocial well-being in minor-attracted persons

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- ▶ **Talk 2:** Facilitating help-seeking behavior in users of the Stop it Now! helpline

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2. Facilitating help-seeking behaviour in users of the Stop it Now! helpline

MINNE DE BOECK & ELLEN JANSSEN

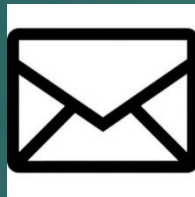


2.1. Description of the project

- ▶ Stop it Now! prevention project
- ▶ **Helpline**



2012 (NL) – 2017 (FL)

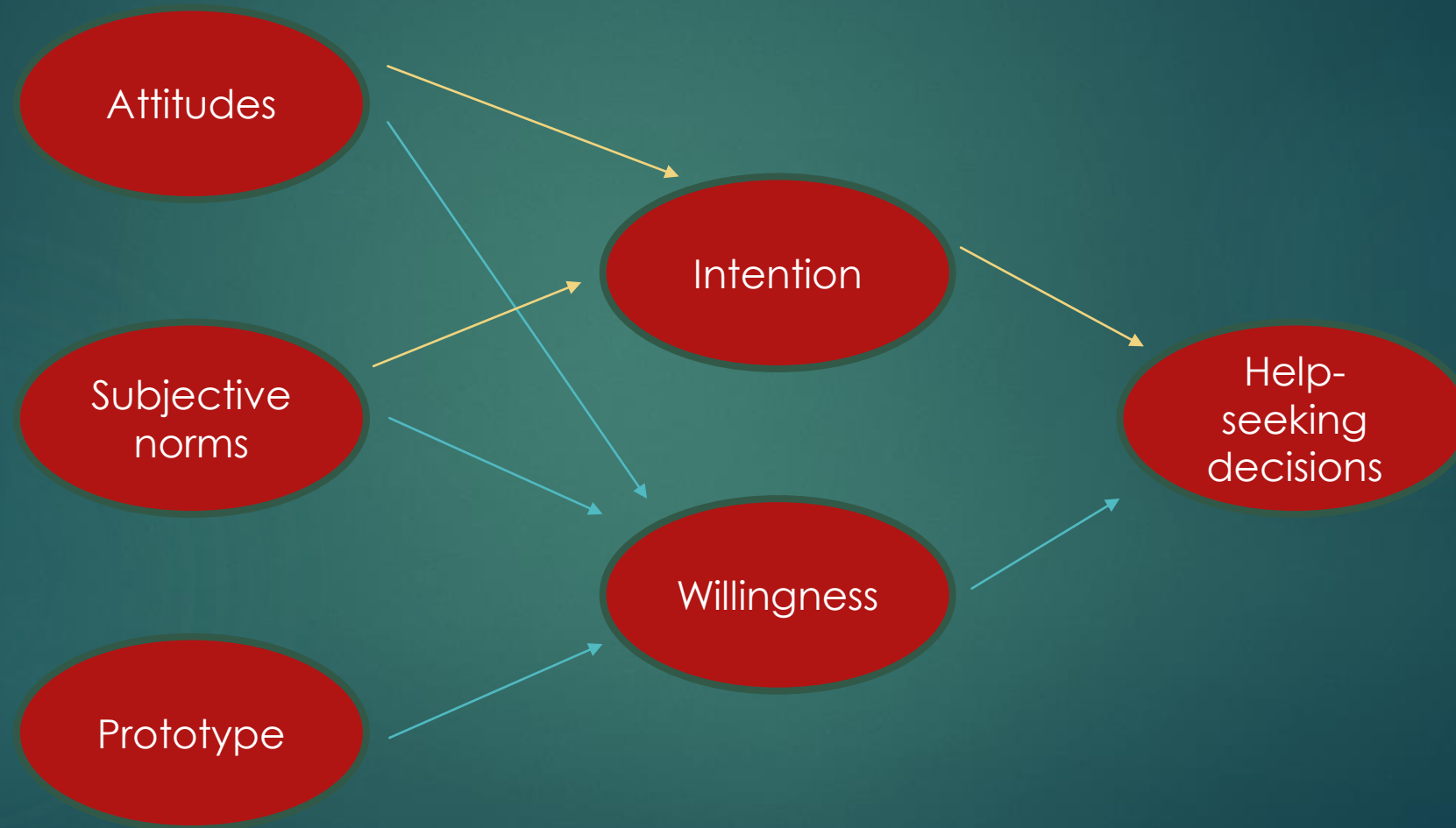


2021 (NL) – 2019 (FL)



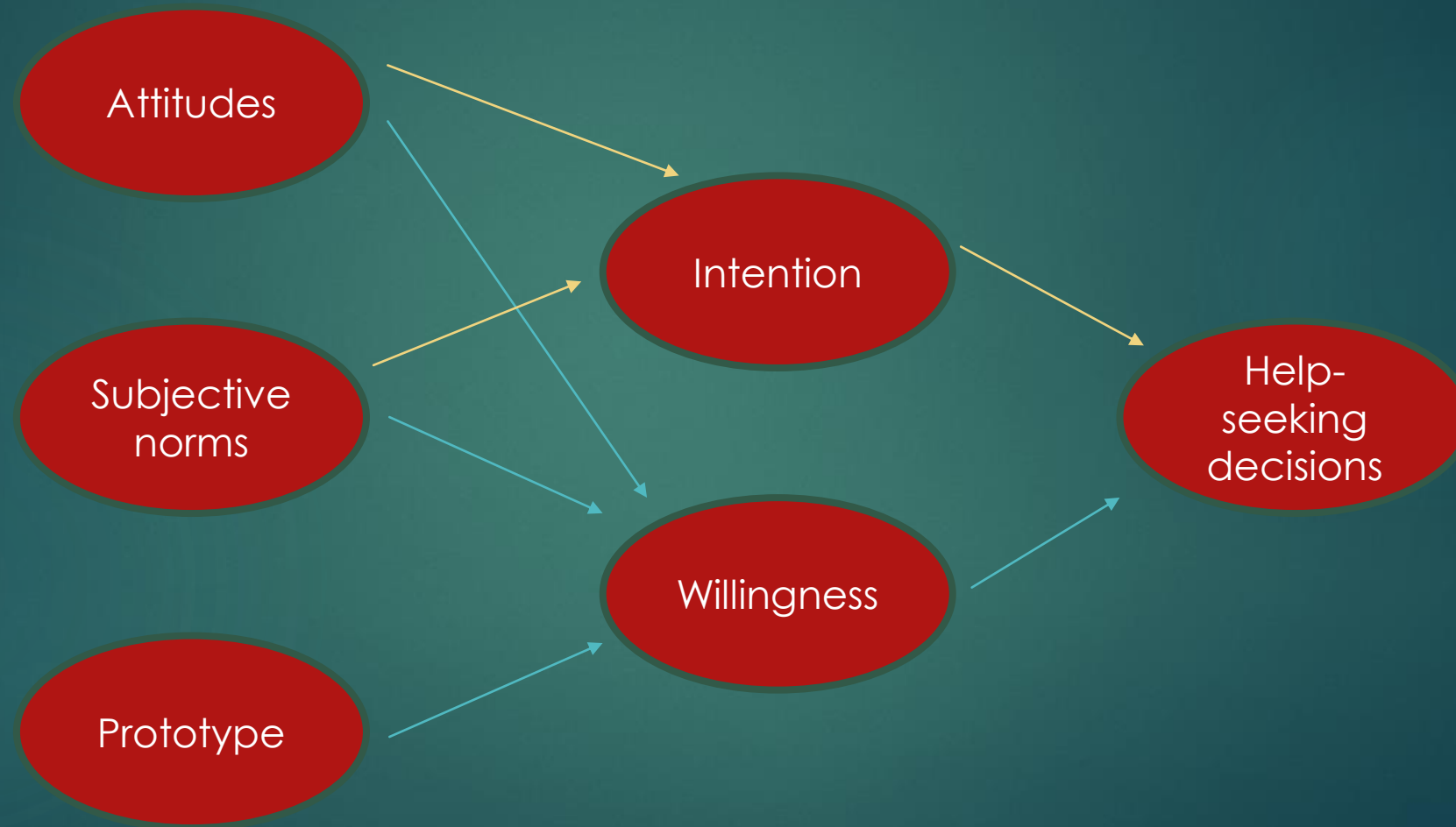
2.2. The prototype/willingness model (PWM)

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2.4. Help seeking behaviour and Stop it Now!

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3.2. Stop it Now! case

► Case John

John calls Stop it Now!, he sounds very **concerned** and is **panicking**. The police performed a house search and found CSEM. **He has a wife and children** and had to tell them what's going on. His wife is angry and doesn't know what to do. He's **afraid** of what will follow and confused about what just happened.

He really **wanted to quit** this abusive behavior but didn't find the courage to search for help until now. Now he doesn't have a choice anymore. He tells us that **he's relieved** in a way. **It has to stop**.

The **police officer** gave him the advice to call to Stop it Now! helpline and gave him the phonenumber on a card. He asks us if **we can help him** with his problem.

3.2. Stop it Now! case

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► Case John

Stop it Now!

- Listening ear & positive feedback;
- Awareness about CSEM and CSA;
- Discussed options to get help and treatment;
- Advised how to deal with the disclosure to his wife;
- Estimated risk situations and (potential) recidivism;
- Discussed how he could create a safe situation;
- Referred him to the most appropriate treatment center;

3.3. Implications for practice

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STOPPEN IS MOGELIJK Privacy? Juridische informatie Waarom veranderen Zelfbewustzijn [START ZELFHULPMODULE](#)

Deze zelfhulpmodule helpt je om te begrijpen waarom je internetgebruik uitmondde in strafbaar gedrag, door deze module te doorlopen heb je in ieder geval een stap in de goede richting gezet.

Voor professionals Contact


Zelfbewustzijn [START ZELFHULPMODULE](#)

Modules



1. Begrijpen waarom

DOELN	ONDERDELEN
In deze module verkrijg je inzicht in:	
<ul style="list-style-type: none">• Je huidige internetmisbruik• De manier waarop je internetgebruik uitmondde in strafbaar gedrag• Je beweegredenen hiervoor• Terugkerende patronen in het bekijken van seksueel misbruikbeelden van minderjarigen	
Start de module →	



2. Onmiddellijke behoeftebevrediging

DOELN	ONDERDELEN
Deze module geeft je inzicht in:	
<ul style="list-style-type: none">• Waarom de drang tot onmiddellijke behoeftebevrediging zo sterk is• Manieren om de kracht van deze drang tegen te gaan	
Start de module →	

3.3. Implications for practice

► Online self-help program for CSEM users

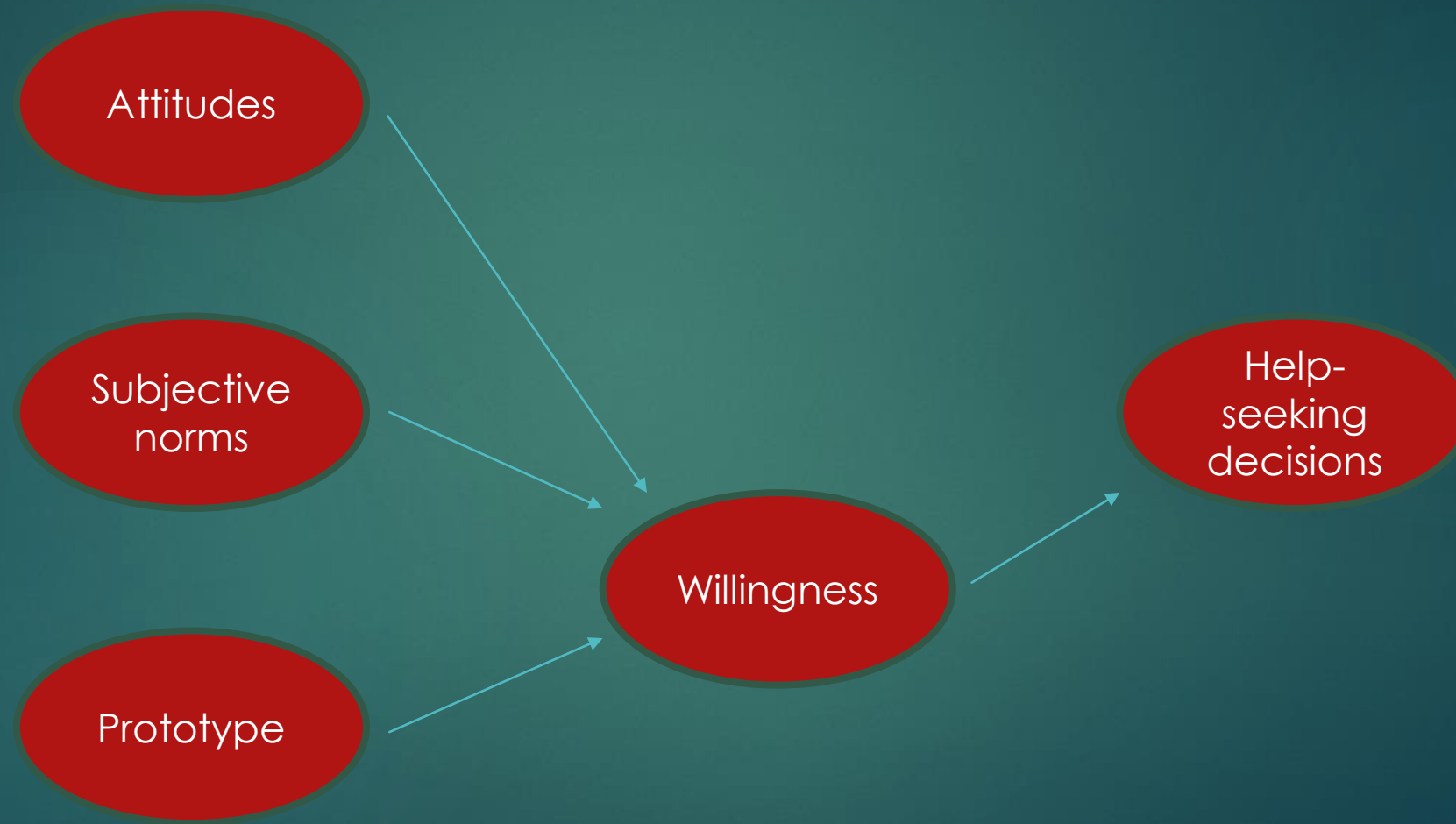
1. Get the facts
2. Why change
3. Self Awareness
4. **Self-Help**



*Based on:
Stop it Now! UK*

3.5. The PWM and Stop it Now!

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Thank you!

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