

## Supplementary Material

### Appendix A: Personal Questions Used in the Paradigm

- 1) What are your hobbies?
- 2) How can one make you happy?
- 3) What would be your most favorite job and why?
- 4) Is there something you would love to try out in life?
- 5) How do you think your life will be in 20 years?
- 6) What do you like about other people's personalities?
- 7) Which person do you look up to and why?
- 8) What do you like to do in your spare time?
- 9) What do you like about yourself?
- 10) What kind of superpower would you like to have and why?
- 11) What is your favorite book and why do you like it so much?
- 12) What is your favorite movie and why do you like it so much?
- 13) If you could only take three personal items on a deserted island, which ones would you choose?
- 14) Imagine winning the lottery, what would you do with the money?
- 15) How does a perfect day look like for you?
- 16) How do perfect holidays look like for you?
- 17) Who would you like to switch life with for one day?
- 18) How would you describe yourself in three words and why?
- 19) What would be the perfect lifestyle for you
- 20) What's your passion?
- 21) What are you proud of?
- 22) Which three things does everybody need to try out in life?
- 23) What do you do to relax?
- 24) What does friendship mean to you?

- 25) Which skills or abilities did you always want to learn?
- 26) What do you need to feel comfortable?
- 27) If you could travel in time, which times would you be interested in and why?
- 28) If you opened a business, what would it be and why?
- 29) If you never had to sleep, what would you do with the extra time?
- 30) What are you probably better at than most people?

## **Appendix B: Results of the Level 1 and Level 2 Mixed Effects Models**

The Level 1 linear regression revealed a significant effect for acquisition phase ( $\beta = -0.07, t = -4.96, p < .001$ ), on social expectation rating. In other words, during the acquisition phase, expectation ratings decreased (indicating more social rejection expectations) with increasing webcam conferences. We did not find a significant main effect for the ‘Modification’ vs. ‘Stabilization’ phase ( $\beta = 0.01, t = 1.15, p = .24$ ). Also, in accordance with our hypotheses, we did not find a significant main effect of test phase ( $\beta = 0.01, t = 1.26, p = .20$ ), since we did not expect a change in expectation ratings when no further feedback occurred. We then analysed the table of variance of the Level 1 model against the null model. We found a significant effect for the acquisition phase ( $F(1,864) = 23.23, p < .001$ ) and the ‘Modification’ vs. ‘Stabilization’ phase ( $F(1,864) = 5.92, p = .01$ ). As expected we did not find a significant effect for the test phase ( $F(1,846) = 1.58, p = .20$ ). When adding the random effect for participant (Level 2), we again found an effect for the acquisition phase ( $\beta = -0.07, t = -5.63, p < .001$ ), indicating that social expectation ratings declined during the acquisition phase. Analogous to the Level 1 model, we did not find significant effects for the ‘Modification’ vs. ‘Stabilization’ phase ( $\beta = 0.01, t = 1.31, p = .19$ ) and test phase ( $\beta = 0.01, t = 1.43, p = .15$ ).