
www.testarchiv.eu

Open Test Archive

Repository for Open Access Tests

SDS English - long & short version:

SDS Satow® Depression Scale

Satow, L. (2024)

Satow, L. (2024). SDS. Satow® Depression Scale [Verfahrensdokumentation, Fragebogen als Kurz- und Langform auf Deutsch, Englisch, Französisch, Italienisch und Spanisch, Testdokumentation]. In Leibniz-Institut für Psychologie (ZPID) (Hrsg.), Open Test Archive. Trier: ZPID. <https://doi.org/10.23668/psycharchives.14430>

All information and materials about the measure can be found at:

<https://www.testarchiv.eu/en/test/9008607>

Terms of use

The test instrument is a research instrument that serves research, teaching and practice. It is made available online and free of charge by the test archive and is protected by copyright, i.e. the copyright remains with the author(s)/publisher. By using this test, I agree to abide by the terms of the [Creative Commons License CC BY-NC-ND 4.0](#), which excludes all commercial use. After completion of my work with the measure, I will inform the test authors about the use of the measure and the results I have obtained by means of the [feedback form](#).

Satow® Depression Scale (SDS, English)

First name: _____

Last name: _____

Date of birth: ____ ____ ____

Gender: male female

 diverse

Test date: ____ ____ ____

Location: _____

Instructions

To what extent do the following statements apply to you? Answer as openly and honestly as possible. There are no right or wrong answers. Be careful not to leave out any statement.

	Does not apply at all	Rather does not apply	Rather applies	Applies exactly
1. I'm just sad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I often ponder about my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I can't bring myself to do anything anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I don't sleep well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Things that I used to enjoy a lot no longer interest me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I often suffer from stomach pressure or abdominal pain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I often feel worthless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I can't really be happy about anything anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I have no self-confidence anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I often feel like I have a lump in my throat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I blame myself a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I wake up way too early in the morning and can't go back to sleep.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I see no way out of my situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. It all seems so hopeless to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I often withdraw into myself and then become so absorbed that I no longer notice anything.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I don't feel like doing anything anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

