

### **Codebook**

Here is the complete list of the items (translated from German) that have been used in the questionnaire for this paper. If not indicated otherwise, all scale had been asked using a 5-point Likert scale (1 = not agree, 5 = fully agree). The questionnaire included a second set of items in order to answer another research question that we discuss in a second paper.

**Case = Participant number**

### **Informed Consent**

1: no, I disagree

2: yes, i agree

-9: not answered

### **Seriousness**

1: Yes, I answered all questions in a meaningful way. My information can be used for the study.

2: No, I just wanted to "just have a look", take part again or do not want my information to be included in the study.

-9: not answered

### **SB Subjective Appraisals & Financial Worries**

"How do you think about the current situation related to Covid-19"

SB02\_02 I am overextended with the situation.\*

SB02\_03 I feel I have no control over the situation.\*

SB02\_04 It is associated with great uncertainty for me.\*

SB02\_05 It is exaggerated / "scaremongering". (reverse)

SB03\_10 I don't know how to handle the next time.\*

SB03\_06 I am concerned about my financial situation.\*

SB03\_01 I have existential fears.\*

**\*included in the model, the reverse formulated item did not work**

## Managing Multiple Roles during the Covid-19 lockdown

### **RK Role Conflict**

"Please indicate how much these statements apply to your situation at the moment."

RK01\_01: I have to do things that others should actually do.

RK01\_02: I get tasks for which I lack the resources / materials.

RK01\_04: Different groups of people raise different claims at the same time (e.g. job, family).\*

RK01\_05: I have to do things that can hardly be juggled.\*

RK01\_06: When I dedicate myself to one task, others immediately feel neglected.

RK01\_07: I feel being in a permanent "role conflict" (e.g. family, job).\*

RK01\_08: One thing always comes up short.\*

**\* included in the latent modelling**

### **MDBF Short Scale**

"When you think about the last 2-3 days, how often have you felt like this ...?"

EM01\_12 awake

EM01\_15 tired

EM01\_06 rested

EM01\_07 nerveless

### **Demographics:**

**Federal State: Where do you live? (Control variable, because different states had different policies)**

"Finally, we ask a few questions about yourself. In which state / free state do you live?"

1 = Baden-Württemberg

2 = Bavaria

3 = Berlin

4 = Brandenburg

5 = Free Hanseatic City of Bremen

6 = Free and Hanseatic City of Hamburg

7 = Hessen

8 = Mecklenburg-Western Pomerania

9 = Lower Saxony

10 = North Rhine-Westphalia

11 = Rhineland-Palatinate

12 = Saarland

13 = Saxony

14 = Saxony-Anhalt

15 = Schleswig-Holstein

16 = Thuringia

-9 = not answered

## Managing Multiple Roles during the Covid-19 lockdown

### **Gender: "Which gender do you have?"**

- 1 = female
- 2 = male
- 3 = diverse
- 4 = do not want to indicate
- 9 = no answer

### **How old are you? open question.**

### **"What is your current living situation?" (Control variable)**

- 1 = 1-Room Apartment
- 2 = 2-Room Apartment
- 3 = 3-Room Apartment
- 4 = 4-Room Apartment
- 5 = 5-Room Apartment
- 6 = more than 5 Rooms
- 9 = no answer

### **"How many people do live in your household?" (Control variable)**

- 1 = alone
- 2 = 2 persons
- 3 = 3 persons
- 4 = 4 persons
- 5 = 5 persons
- 6 = 6 persons
- 7 = more than 6 persons
- 9 = no answer

### **Care-Taking scale 1**

"Are you responsible for looking after other people in your household?"

DM06\_01 No.

DM06\_03 Yes, I am a single parent.

DM06\_06 Yes, I care for family members, including grandparents.

DM06\_07 Yes, I care for our own children.

### **Care-taking scale 2**

DM11\_01 Who is mainly taking care of the children at the moment?

1 = partner cares more

5 = I care more

-9 = not answered

## Managing Multiple Roles during the Covid-19 lockdown

### **Employment status (Control variable)**

"Does the" Corona Epidemic "affect your job?"

1 = I am currently not working (e.g. parental leave, ...)

2 = I lost my job as a result.

7 = I work in the home office.

8 = I am in training / I am studying.

9 = I am retired.

10 = I continue to work on site (also 'systemically relevant')

-9 = not answered

### **At the moment, I work**

...

1 = Less than usual

5 = More than usual

-9 = not answered

### **Open question for comments etc.**