

TABLE 2. Risk of bias assessment across included studies

Study	1. Random sequence generation and allocation concealment.	2. Blinding of participants, personnel, and outcome assessment.	3. Incomplete outcome data or follow up and intention to treat.	4. Selective outcome reporting and publication bias.	5. Confounding and other bias	Score RoB within studies
Chambers et al. 2012	High risk	High risk	Unclear risk	Unclear risk	High risk	0/5 High risk
Chambers et al. 2017	Low risk	Low risk	Unclear risk	Low risk	High risk	3/5 Moderate risk
Nelson et al. 2019	Low risk	High risk	High risk	Low risk	High risk	2/5 Moderate risk
Victorson et al. 2017	Low risk	High risk	High risk	Low risk	High risk	2/5 Moderate risk
RoB across studies	Low risk	High risk	Moderate risk	Low risk	High risk	Moderate Quality
RoB across studies with respect to number of recorded high risk: (0-30% = low risk; 30-70% = moderate risk; 70-100% = high risk)						
RoB within studies with respect to numbers of recorded low risk: (5/5 = low risk; 4/5 ^a = low risk; 3/5 ^b = moderate risk; 2/5 ^c = moderate risk; 1/5 = high risk)						

^a Did not record high/unclear risk in domains 1 and 2.

^{b,c} Did not record high/unclear risk in domains 1.