

**Table S5.** Reported study outcomes and questionnaires utilised

<b>Anxiety</b>
Brief Symptom Inventory (BSI-18)†
Hospital anxiety and depression scale (HADS)†
Memorial Anxiety Scale for Prostate Cancer (18-item MAX-PC)
-Prostate cancer anxiety
-PSA anxiety
<b>Depression</b>
Hospital anxiety and depression scale (HADS)†
Centre for epidemiologic studies depression scale (20-item CES-D)
<b>Prostate cancer-related distress</b>
Impact of Event Scale (15-item IES)†
Impact of Event Scale-Revised (IES-R)†
<b>Quality of life</b>
Functional Assessment of Cancer Therapy-Prostate (39-item FACT-P)
Sexual Self-Esteem and Relationship (SEAR)
PROMIS Global Health-10 (PGH-10)
<b>Resilience/Post-traumatic growth</b>
Post-traumatic Growth Inventory (21-item PGI)

† High scores indicate worse outcomes