

Variable	Description	Item	Values
Age	Age of Participant	What is your age?	18-25
Religion	Importance of Religion	On a scale of 0 to 10, please rate how important religion is in your life.	0-10
Christian	Christian Identity	I identify as Christian	True/False
ID_COM_1	Utrecht-Management of Identity Commitments Scale (U-MICS) Item #1 – adapted for Religious Identity ^a	--	1 = Completely untrue; 5 = Completely true
ID_COM_2	U-MICS Item #2 ^a	--	1 = Completely untrue 5 = Completely true
ID_COM_3	U-MICS Item #3 ^a	--	1 = Completely untrue 5 = Completely true
ID_COM_4	U-MICS Item #4 ^a	--	1 = Completely untrue 5 = Completely true
ID_COM_5	U-MICS Item #5 ^a	--	1 = Completely untrue 5 = Completely true
ID_EXP_6	U-MICS Item #6 ^a	--	1 = Completely untrue 5 = Completely true
ID_EXP_7	U-MICS Item #7 ^a	--	1 = Completely untrue 5 = Completely true
ID_EXP_8	U-MICS Item #8 ^a	--	1 = Completely untrue 5 = Completely true
ID_EXP_9	U-MICS Item #9 ^a	--	1 = Completely untrue 5 = Completely true
ID_EXP_10	U-MICS Item #10 ^a	--	1 = Completely untrue 5 = Completely true
ID_ROC_11	U-MICS Item #11 ^a	--	1 = Completely untrue 5 = Completely true
ID_ROC_12	U-MICS Item #12 ^a	--	1 = Completely untrue 5 = Completely true
ID_ROC_13	U-MICS Item #13 ^a	--	1 = Completely untrue 5 = Completely true
RDS_1	Religious Doubt Scale (RDS) Item #1 ^b	--	1 = Very Untrue 5 = Very True
RDS_2	RDS Item #2 ^b	--	1 = Very Untrue 5 = Very True
RDS_3	RDS Item #3 ^b	--	1 = Very Untrue 5 = Very True

Variable	Description	Item	Values
RDS_4	RDS Item #4 ^b	--	1 = Very Untrue 5 = Very True
RDS_4R	RDS Item #4 Reversed Coded ^b	--	1 = Very Untrue 5 = Very True
RDS_5	RDS Item #5 ^b	--	1 = Very Untrue 5 = Very True
RDS_6	RDS Item #6 ^b	--	1 = Very Untrue 5 = Very True
RDS_7	RDS Item #7 ^b	--	1 = Very Untrue 5 = Very True
RDS_8	RDS Item #8 ^b	--	1 = Very Untrue 5 = Very True
RDS_9	RDS Item #9 ^b	--	1 = Very Untrue 5 = Very True
RDS_10	RDS Item #10 ^b	--	1 = Very Untrue 5 = Very True
RDS_11	RDS Item #11 ^b	--	1 = Very Untrue 5 = Very True
RDS_12	RDS Item #12 ^b	--	1 = Very Untrue 5 = Very True
RDS_13	RDS Item #13 ^b	--	1 = Very Untrue 5 = Very True
RDS_13R	RDS Item #13 ^b Reversed Coded	--	1 = Very Untrue 5 = Very True
RDS_14	RDS Item #14 ^b	--	1 = Very Untrue 5 = Very True
QUEST_1	Quest Religious Orientation Item #1 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_2	Quest Religious Orientation Item #2 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_3	Quest Religious Orientation Item #3 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_4	Quest Religious Orientation Item #4 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_5	Quest Religious Orientation Item #5 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_6	Quest Religious Orientation Item #6 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_7	Quest Religious Orientation Item #7 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_7R	Quest Religious Orientation Item #7 ^c Reverse Coded	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_8	Quest Religious Orientation Item #8 ^c	--	1 = Strongly Disagree 9 = Strongly Agree

Variable	Description	Item	Values
QUEST_9	Quest Religious Orientation Item #9 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_10	Quest Religious Orientation Item #10 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_11	Quest Religious Orientation Item #11 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_11R	Quest Religious Orientation Item #11 ^c Reverse Coded	--	1 = Strongly Disagree 9 = Strongly Agree
QUEST_12	Quest Religious Orientation Item #12 ^c	--	1 = Strongly Disagree 9 = Strongly Agree
EMO_1	Mental Health Continuum Short Form (MHC-SF) Item #1 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
EMO_2	MHC-SF Item #2 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
EMO_3	MHC-SF Item #3 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
SOCIAL_4	MHC-SF Item #4 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
SOCIAL_5	MHC-SF Item #5 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day

Variable	Description	Item	Values
SOCIAL_6	MHC-SF Item #6 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
SOCIAL_7	MHC-SF Item #7 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
SOCIAL_8	MHC-SF Item #8 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
PSYCH_9	MHC-SF Item #9 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
PSYCH_10	MHC-SF Item #10 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
PSYCH_11	MHC-SF Item #11 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
PSYCH_12	MHC-SF Item #12 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day

Variable	Description	Item	Values
PSYCH_13	MHC-SF Item #13 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
PSYCH_14	MHC-SF Item #14 ^d	--	1 = Never 2 = Once or twice 3 = About once a week 4 = 2 or 3 times a week 5 = Almost every day 6 = Every day
DUREL_1	Duke University Religiosity Index (DUREL) Item #1 ^e	--	1 = Never 2 = Once a year or less 3 = A few times a year 4 = A few times a month 5 = Once a week 6 = More than once a week
DUREL_2	Duke University Religiosity Index (DUREL) Item #2 ^e	--	1 = Rarely or never 2 = A few times a month 3 = Once a week 4 = two or more times a week 5 = Daily 6 = More than once a day
DUREL_3	Duke University Religiosity Index (DUREL) Item #3 ^e	--	1 = Definitely not true 2 = Tends not to be true 3 = Unsure 4 = Tends to be true 5 = Definitely true of me
DUREL_4	Duke University Religiosity Index (DUREL) Item #4 ^e	--	1 = Definitely not true 2 = Tends not to be true 3 = Unsure 4 = Tends to be true 5 = Definitely true of me
DUREL_5	Duke University Religiosity Index (DUREL) Item #5 ^e	--	1 = Definitely not true 2 = Tends not to be true 3 = Unsure 4 = Tends to be true 5 = Definitely true of me

Variable	Description	Item	Values
Gender	Gender	To which gender do you most identify?	Cisgender Female Cisgender Male Transgender Female Transgender male Gender Variant/Non-conforming Not Listed Prefer not to answer
Ethnicity	Ethnicity	To which ethnic identity do you most identify?	Non-Latino White Latino or Hispanic Native American Indian African American Asian American Pacific Islander Not Listed
Religious_affiliation	Religious affiliation	To which religious identity do you most identify?	Baptist Catholic Eastern Orthodox Episcopalian / Anglican Latter-day Saints (LDS) Lutheran Methodist / Wesleyan Pentecostal Presbyterian Seventh-day Adventist Non-denominational Decline to answer Not Listed
MISSING	Number of missing data points	--	--
ID #	Participant ID number	--	1-122
COM	Total Religious Identity Commitment Scores	--	--
EXP	Total Religious In-depth Exploration Scores	--	--
ROC	Total Reconsideration of Commitment Scores	--	--
EMO	Emotional Well-Being Scores	--	--
SWB	Social Well-Being Scores	--	--
PWB	Psychological Well-Being Scores	--	--

Variable	Description	Item	Values
Self_Report_Health	Self-reported Health score	How would you rate your health right now?	0 = poor health 10 = excellent health
QRO	Total Quest Scores	--	--
RDS	Total Religious Doubt Scores	--	--
REL_INDEX	Total Religiosity Scores	--	--
WB_sum_total	Total Well-Being Scores	--	--

^a Crocetti, E., Schwartz, S. J., Fermani, A., & Meeus, W. (2010). The Utrecht-Management of Identity Commitments Scale (U-MICS): Italian validation and cross-national comparisons. *European Journal of Psychological Assessment*, 26(3), 172–186. <http://dx.doi.org/10.1027/1015-5759/a000024>

^b Henrie, J., & Patrick, J. H. (2014). Religiousness, religious doubt, and death anxiety. *International Journal of Aging & Human Development*, 78(3), 203–227. <https://doi.org/10.2190/AG.78.3.a>

^c Batson, C. D., Schoenrade, P. A., & Ventis, W. L. (1993). *Religion and the individual: A social-psychological perspective*. New York: Oxford University Press.

^d Keyes, C. L. M. (2006). Mental health in adolescence: Is America's youth flourishing? *American Journal of Orthopsychiatry*, 76(3), 395–402. <https://doi.org/10.1037/0002-9432.76.3.395>

Keyes, C. L. M., Wissing, M., Potgieter, J. P., Temane, M., Kruger, A., & van Rooy, S. (2008). Evaluation of the mental health continuum-short form (MHC-SF) in Setswana-speaking South Africans. *Clinical Psychology and Psychotherapy*, 15(3), 181–192. <https://doi.org/10.1002/cpp.572>

^e Koenig, H. G., & Büssing, A. (2010). The Duke University Religion Index (DUREL): A five-item measure for use in epidemiological studies. *Religions*, 1(1), 78–85. <https://doi.org/10.3390/rel1010078>